

OVERACTIVE BLADDER (OAB) SYMPTOM CHECKER

The results of these questions are meant to help you and your doctor understand if your bladder control problem is likely to be overactive bladder.

Only your doctor can diagnose and recommend appropriate management of your condition. Answering these questions cannot provide a diagnosis or replace your doctor's medical opinion or care.

- 1** Do you frequently go to the toilet during the daytime (more than every 2 hours)? YES NO
- 2** Do you get up two or more times at night to go to the toilet? YES NO
- 3** Do you need to go to the toilet suddenly with little or no warning? YES NO
- 4** Do you experience accidental leakage on the way to the toilet? YES NO
- 5** Do your symptoms affect your activities at work, home, socially or at sports? YES NO

YOUR RESULTS

If you have answered yes to two or more of these questions, you may have OAB. Your doctor can help to identify your condition and make recommendations on how best to manage it. Talk to your doctor about your bladder control problems and share these results with him/her.

Sometimes a referral to an Urologist for further investigations may be required to confirm whether or not your bladder control problems are caused by OAB and how best to manage it.